

Close the Loop

COMPOST

If it is food, you can compost it.



- Meat & bones
- Milk, cheese & other dairy
- Fruits, vegetables & peels
- Soups & sauces
- Dressings & condiments
- Flour, bread & pastas
- Nuts and shells
- Oils & fats
- Eggs & egg shells
- Spices
- Seafood and shells

These items cannot be composted:



- PLU stickers
- Milk & orange juice cartons
- Compostable bags, utensils, and cups
- Store bought floral products

Questions about composting? Contact the Highfields Center for Composting at www.highfieldscomposting.org / 802-472-5138.

Rot on!